

From: Suples info@suples.com
Subject: UPDATED SUPLES UK OPEN CHAMPIONSHIP RESULTS!🇬🇧
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To: No Reciept INFO info@suples.com

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★RESULTS★

Records were BROKEN and HISTORY was made!

It was an absolutely incredible day with competitors coming not only from around the UNITED KINGDOM🇬🇧 but from BULGARIA🇧🇬, GERMANY🇩🇪, HUNGARY🇭🇺, IRELAND🇮🇪, and the UNITED STATES🇺🇸!



SUPLES VIB DISCIPLINE



WOMEN'S CATEGORY 50LBS/22KG BULGARIAN BAG



🥇 Jelena Langer from Team Suples Hungary 🇭🇺 is the champion in the Women's VIB Category with a total of 28 spins!

SUPLES VIB DISCIPLINE



MEN'S CATEGORY 84LBS/38KG BULGARIAN BAG



🥇 Ren Waters from Team Temple



🇬🇧 Ben Waters from Team Temple
🇬🇧 is the champion in the Men's
VIB Category with a total of 43
spins!

★ Ben is now the VIB WORLD
RECORD HOLDER!

SUPLES VIB COMPETITORS



Women's Suples Fit Category
- 11lbs/5kg





🥇 Gold Medalist from
Team Suples Pomorie 🇧🇬
Yanitsa Slavova
Total Reps: 782

★ NEW WORLD RECORD

Men's Suples Fit Category - 17lbs/8kg



🥇 Gold medalist from
Team Suples Pomorie 🇧🇬
Kristian Vankov
Total Reps: 742

🥈 Silver Medalist, from
Team Temple 🇬🇧



Max Love Muscle

Total Reps: 576

**🥉 Bronze Medalist, from
Team Suples Hungary 🇭🇺**

Radek Szycko

Total Reps: 567

Women's Suples Strong Category - 17lbs/8kg



**🥇 Gold medalist, from
Team Suples Pomorie 🇭🇺**

Vaselina Hrusafova

Total Reps: 657

**🥈 Silver Medalist, from
Team Suples Hungary 🇭🇺**

Jelena Langer

Total Reps: 587

**🥉 Bronze Medalist, from
Team Temple 🇬🇧**

Lola De Oliveira Gibbon

Total Reps: 578

Men's Suples Strong Category - 26lbs/12kg



🥇 Gold Medalist from



Team Suples Pomorie 🇧🇬
Liubomir Vasilev
 Total Reps: 694

🥈 **Silver Medalist, from**
Team Temple 🇬🇧
Nick Powell
 Total Reps: 544

🥉 **Bronze Medalist, from**
Team Temple 🇬🇧
Johnny O'Rourke
 Total Reps: 502

Women's Suples Extreme Category - 26lbs/12kg



🥇 **Gold Medalist from**
Team Suples Pomorie 🇧🇬
Kapka Nikolova
 Total Reps: 498

🥈 **Silver Medalist, from**
Team Suples Ireland 🇮🇪
Magdalena Gomez
 Total Reps: 360

Men's Suples Extreme Category - 37lbs/17kg



🥇 **Gold Medalist from**



Team Suples Pomorie 🇧🇬

Vasil Slavov

Total Reps: 617

★ **NEW WORLD RECORD**

🥈 **Silver Medalist, from
Team Temple** 🇬🇧

Ben Savin

Total Reps: 475

🥉 **Bronze Medalist, from
Team Temple** 🇬🇧

Oli Belas

Total Reps: 441

**Stay tuned for more footage, photos, and videos of
the
2025 SUPLES UK OPEN Championship 🇬🇧!**



Suples Training Systems

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